



BULLETIN

September 2019

Annual General Meeting

Tuesday, 15th October 2018

Mid-Sussex Area Bridleways Group will be holding its **41st Annual General Meeting** on **Tuesday, 15th October 2019** – 7pm for 7.30pm at Cyprus Hall, Cyprus Road, Burgess Hill, West Sussex RH15 8DX (which is situated just along from the Orion Cinema on the one way system). Please refer to directions on the back of this bulletin.

There will be delicious homemade Beef Chilli or Vegetarian Quiche together with jacket potato and salad, followed by pudding.

Our **Guest Speaker** will be **Caitlin McCaffery DC BSc (Hons) Chiropractic**, who will provide us with a talk on **“To hack or to school?”** -

How riding on different surfaces impacts on the physical health of your horse.

Caitlin has been practicing for 15 years, as a fully qualified human chiropractor and human radiographer and advanced human western acupuncturist, kinesiologist and KT specialist. Qualified at Glamorgan University in 2004.

Originally Caitlin started working as a professional groom in eventing, racing and TB studs; working in Cheltenham, Ireland and all over Europe, specialising in preparing young stock for the European bloodstock sales.

Caitlin was then trained by Liz Hadland - a Chartered Animal Physiotherapist, she eventually sold her human practice to focus solely on horses.

Away from work, Caitlin is a busy mother of 4 children, and when time allows she enjoys riding, particularly hunting, blood hounding and previously drag hunting and some eventing, pony club with the children and plays hockey and runs.

If you have a specific topic/question you would like Caitlin to cover, kindly provide this information to: **Sue Wylde E. sue@wylde.me.uk T. 01273 474919 by Monday, 30th September 2019.**

The AGM will then follow with the raffle to finish the evening.

Cost: £5.00 per person (members or non-members) with or without food – on a first come first serve basis.

If you would like supper at the AGM, please let us know your choice of meal (Beef Chilli or Vegetarian Quiche) **by 9pm on Sunday, 6th October 2019.**

Kindly note that the vegetarian option must be pre-booked and will be on a ticket basis only.

RSVP your attendance by 9pm on Sunday, 6th October 2019 to:
Michelle Hearn E. michellehearn99@aol.com Mob. 07980 954 514

Items for the raffle prizes would be very welcome, please bring them along on the night. Thank you.

This event is always well attended, therefore please book early to avoid disappointment.

Kindly note that this AGM is at a different venue to cater for more guests.

We look forward to seeing you there.

Sue Wylde
Chair
MSABG

**If you want to join MSABG at the AGM,
it's £10 and you will get the rest of 2019
for free and will not have to pay until
January 2021.
A great Christmas present too!**

**DIRECTIONS TO: Cyprus Hall,
Cyprus Road, Burgess Hill,
West Sussex RH15 8DX**

Cyprus Hall (front entrance) there is a passageway from the car park on the far left.

The Cyprus Road Car Park (accessed from Crescent Way) - Free from 6pm.

Car parking is available directly behind the hall.

Drive to the far end of the car park. Walk up the passageway on the right side of the hall and around to the front entrance.

ROAD DIRECTIONS:

Burgess Hill can be reached by taking the **A2300** from the **A23** heading south from London, or by taking the **A273** turn-off from the A23 shortly after leaving Brighton when heading north.

Alternatively it can be accessed from the east by the Folders Lane (B2113) road which comes off of the **B2112**.

From Folders Lane:

When you have reached Burgess Hill Railway Station (on Station Road) – go down the hill to the mini roundabout, take the right hand lane passing Barclays Bank on the left, into the one-way system (Church Road) through the town, taking the right hand bend passing the pelican crossing (Cyprus Road), turn left into Crescent Way, and then turn right into the car park.

Straight over the mini roundabout, under the barrier and park down on the right side. You will see a sign saying Cyprus Hall – there is a twitten which leads into Cyprus Road, next to the Cyprus Hall main entrance.

From A2300/A273 travel onto the B2036 London Road (Burgess Hill), go past traffic lights (Chifoo Chinese Takeaway on the right), then second exit at mini roundabout onto Queen Elizabeth Avenue (B2113), left at the roundabout into Civic Way (you will see MacDonalDs on the right) down past the Police Station (on the left), over the next mini roundabout, passing St John's Church (on the left), then turn right into Crescent Way and then left into the car park.

Straight over the mini roundabout, under the barrier and park down on the right side. You will see a sign saying Cyprus Hall – there is a twitten which leads into Cyprus Road, next to the Cyprus Hall main entrance.

Cyprus Hall is at the far end of the car park; just walk up the lit passageway on the right, around to the front of the building.

Walk into the hall's front doors, go straight ahead and you've found us!